

IF YOU BECOME STRANDED IN YOUR VEHICLE

During extreme weather or because of a mechanical breakdown

What do you do?

- Move as far off the road as possible
- Turn on your emergency flashers
- Don't leave the hood open – could block your view
- Use a mobile phone to summon help or ...
- Place a "Call Police" sign in your rear window
- Place flares 40 paces in front and back of vehicle
- Stay in your car while awaiting help – don't walk away
- Stay clear of passing traffic
- Clear your exhaust pipe of snow and ice and run the engine 10 minutes every hour, keeping the window opened slightly
- Accept help only from a uniformed police officer or official roadside assistance vehicle

Be prepared

Always keep in your vehicle

- Sunglasses
- Vehicle's Owner's Manual
- First aid supplies
- Flashlight and extra batteries
- Flares and other signaling devices
- Basic tool kit
- Booster cables
- Extra windshield washer fluid
- Matches in a waterproof container
- Mobile phone with vehicle charger
- Supply of drinking water
- Gas tank at least two-thirds full

In **COLD** weather keep handy

- Heavy, warm clothing, gloves and blankets
- Ice scraper and snow brush
- Supply of sand or cat litter for tire traction
- Non-perishable foods and liquids
- Snow shovel

In **HOT** weather keep handy

- Umbrella
- Reflective windshield sun visor
- Shoes and socks for walking

Vehicle checklist

Fluids in your vehicle

- Gasoline
- Oil
- Antifreeze
- Transmission
- Power steering
- Battery
- Brakes

Check condition of

- Tires
- Windshield wipers
- Hoses and wires
- Windows, headlights and taillights

Before leaving

- Check the weather forecast and traffic conditions
- Let a family member or coworker know your travel plans and scheduled time of arrival

Temperature extremes accounted for all weather related deaths in 2015 while snow, ice, and winter weather accounted for 15%.*

For more information on this and other safety topics, visit the member-exclusive website at **nsc.org**

*Source: National Safety Council, Injury Facts 2017®



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